

WEEK 1 MENU

Spring

05/01/26, 26/01/26, 23/02/26, 09/03/26, 16/03/26



	MON	TUES	WED	THUR	FRI
Daily Dough	Accent Focaccia (G)	Garlic Focaccia (G)	Daily Bread (G)	Seeded Bloomer (G)	Accent Focaccia (G)
Mighty Mains	Baked Pork & Leek Sausages with Onion Gravy (G, Su)	Beef Bolognese	Roast Turkey with Sage Onion Stuffing and Pan Gravy (G) 	Sticky BBQ Chicken	Battered Fish (G, F) Lemon Wedges Tartar Sauce (E) Tomato Ketchup
Super Veggie Mains	Vegetarian Sausages with Onion Gravy (G, Su) 	Gnocchi with Ratatouille Sauce (G, E, Mk, Mu, So)	Seasonal Vegetable & Lentil Wellington (G, E)	Sticky BBQ Eat Curious Pieces 	Fishless Fingers, Tartare Sauce & Lemon (V, E) (G, So)
Pasta Bar and Jacket Potato	Creamy Mushroom Pasta (Mk, G) Plain Pasta (G) available	Jacket Potato with Baked Beans Plain Pasta (G) available	Penne Pasta with a Tomato and Basil Sauce (G) Plain Pasta (G) available	Jacket Potato with Baked Beans Plain Pasta (G) available	Green Pesto and Rocket Pasta (G, Mk) Plain Pasta (G) available
Garden Goodness Sides	Steamed Green Beans Parsley Carrots	Courgettes with Oregano Steamed Carrots	Green Cabbage and Kale  Honey and Thyme Roasted Roots	Cauliflower Florets Steamed Sweetcorn	Garden Peas Baked Beans
Energy Boosters	Roasted New Potatoes	Spaghetti (G)	Skin on Roasties	White and Wholegrain Rice	Baked Oven Chips Or Steamed New Potatoes 
Pudding	Butterscotch Rice Pudding (MK)	Fresh Sliced Fruit or Yogurt (Mk, So)	Pear & Fruits of the Forest Traybake (G, E, Mk)	Fresh Sliced Fruit or Yogurt (Mk, SO)	Chocolate Brownie (G, E, Mk)

Allergen Information

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish

G = Cereals containing Gluten
L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts
Se = Sesame Seeds

So = Soya
Su = Sulphur Dioxide



Find Sophie's Star to enjoy the dish specially chosen by our nutritionist!



Look for this logo on the menu to try a yummy seasonal special!

WEEK 2 MENU

Spring

12/01/26, 02/02/26, 02/03/26, 23/03/26



	MON	TUES	WED	THUR	FRI
Daily Dough	Daily Bread (G)	Garlic Focaccia (G)	Daily Bread (G)	Dough Balls (G)	Accent Focaccia (G)
Mighty Mains	Jacket Potato Bar With a Choice of Toppings Tuna or Beef Bolognaise And Sides Coleslaw, Sweetcorn, Baked Beans	Traditional Slow Cooked Beef Lasagne (G, Mk, E)	Lemon & Herb Chicken with Sage and Onion Stuffing (G) and Gravy	Pizza Day Pepperoni Focaccia (G, Mk)	Chicken Fajita Wrap (G)
Super Veggie Mains	With a Choice of Toppings Cheddar Cheese And Sides Coleslaw, Sweetcorn, Baked Beans	Veggie Bolognaise served with Wholemeal Pasta (G)	Roasted Vegetable and Bean Crumble (G, Mk)	Roasted Vegetable Focaccia (G, Mk)	Smoky BBQ Vegetable Fajita (G, E, Mk)
Pasta Bar and Jacket Potato	Penne Pasta with a Tomato and Basil Sauce Plain Pasta (G) available	Jacket Potato with Baked Beans Plain Pasta (G) available	Jacket Potato with Baked Beans Plain Pasta (G) available	Wholemeal Pasta Bake Roasted Vegetables & Basil Plain Pasta (G) available	Jacket Potato with Baked Beans Plain Pasta (G) available
Garden Goodness Sides	Chef's Garden Salad	Honey and Thyme  Roasted Roots Curly Kale	Steamed Spring Greens Honey Glazed Carrots	Sweetcorn Chef's Garden Salad	Baked Beans Garden Peas
Energy Boosters	Crispy Chickpea Salad	Garlic Focaccia (G)	Skin on Roasties	Baked Potato Wedges	Baked Oven Chips Or Rice
Pudding	Lemon and Thyme Shortbread (G)	Fresh Sliced Fruit or Yogurt (Mk, SO)	Somerset Apple Cake (G, Mk, E)	Fresh Sliced Fruit or Yogurt (Mk, SO)	Chocolate Marble Cake (G, E, Mk)

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WEEK 3 MENU *Spring*

19/01/26, 09/02/26, 09/03/26



MON **TUES** **WED** **THUR** **FRI**

Daily Dough	Herb Focaccia (G)	Dailly Bread (G)	Accent Focaccia (G)	Garlic Focaccia (G)	Daily Bread (G)
Mighty Mains	Stir Fry Chicken with Peppers (G, C, So) 	Pasta Bar Beef Ragu Served with a Choice of Pastas (G)	Roast Pork served with Apple Sauce and Gravy	Crispy Katsu Chicken with Mild Curry Sauce (G, E, So)	Crispy Chicken Tenders (G, M, E, Ce, So, Mu) Tomato Ketchup
Super Veggie Mains	Cauliflower Popcorn Bites with Sweet Chilli (G, E, Mk, So)	Tomato & Basil Sauce Served with a Choice of Pastas (G)	Bean & Chickpea Patty with Gravy (G, E)	Crispy Tofu Katsu (G, E, So) With Mild Curry Sauce (G, So)	Sweet Potato & Carrot Falafel (G, Su)
Pasta Bar and Jacket Potato	Creamy Lemon Cabbage Pasta with Garlic Crumbs (G, Mk, So) Plain Pasta (G) available	Jacket Potato with Baked Beans Plain Pasta (G) available	Penne Pasta with a Tomato and Basil Sauce (G) Plain Pasta (G) available	Jacket Potato with Baked Beans Plain Pasta (G) available	Coriander Pesto Pasta (G, Su) Plain Pasta (G) available
Garden Goodness Sides	Roasted Root Vegetables Peas	Green Beans Steamed Sweetcorn	Steamed Curly Kale  Roasted Carrots	Steamed Broccoli Sauteed Leeks	Garden Peas Baked Beans
Energy Boosters	Egg Noodles (G, E)	Garlic Bread (G)	Thyme Roast Skin on Potatoes	Steamed Rice	Baked Oven Chips Or Steamed New Potatoes 
Pudding	Jamaican Ginger Cake (G, E, Mk)	Fresh Sliced Fruit or Yogurt (Mk,So)	Raspberry Jam and Coconut Sponge (E, G, Su) with Custard (Mk)	Fresh Sliced Fruit or Yogurt (Mk, SO)	Crispy Orange Biscuit (G)

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