



	Vegetarian	Vegan	Gluten Free	Dairy Free	Halal
Meat Dishes					
Mexican style chicken with peppers & onions with brown rice			✓	✓	✓
Slow cooked beef bolognese with 'hidden veg' with brown pasta					
Chicken & coconut curry with potato, peas & peppers with basmati rice			✓	✓	✓
Chicken & vegetable risotto 1/2 rice 1/2 quinoa			✓	✓	✓
Honey soy salmon fillet with vegetable rice				✓	
Lamb tagine with cous cous				✓	
Beef cottage pie			✓	✓	
Chilli con carne			✓	✓	
Italian beef stew with smashed roots			✓	✓	
Pork sausages with mashed potato, peas and onion gravy					
Chicken tikka masala with vegetable brown rice			✓		✓
Tuscan chicken brown pasta					✓
Cheesy spinach pasta "mac n greens"	✓		✓		✓
Lamb biriyani			✓	✓	
Chicken Katsu curry with broccoli rice				✓	✓
Vegetarian Dishes					
Mexican style mixed beans with peppers & onions with brown rice	✓	✓	✓	✓	✓
Slow cooked lentil bolognese with 'hidden veg' with brown pasta	✓	✓		✓	✓
Vegetable coconut curry with potato, peas & peppers with basmati rice	✓	✓	✓	✓	✓
Vegetable risotto 1/2 rice 1/2 quinoa	✓	✓	✓	✓	✓
Honey soy tofu with vegetable rice	✓	✓		✓	✓
Herby falafels with vegetable cous cous	✓				
Cheesy spinach pasta "mac n greens"	✓				✓
Italian style vegetable stew with smashed roots		✓	✓	✓	✓
Vegetarian chilli	✓	✓	✓	✓	✓
Lentil cottage pie	✓	✓	✓	✓	✓
Vegan herby sausages with mashed potato, peas and onion gravy	✓	✓		✓	✓
Paneer tikka masala with vegetable brown rice	✓		✓		✓
Tomato & mascarpone brown pasta	✓				✓
Vegetable biriyani	✓	✓	✓	✓	✓
Tofu Katsu curry broccoli rice	✓	✓	✓	✓	✓
Desserts					
Fresh fruit with flapjack fingers	✓				✓
Pineapple and toasted coconut	✓	✓	✓	✓	✓
Natural Greek yoghurt with strawberry puree	✓		✓		✓
Wholemeal banana bread	✓				✓
Chocolate mousse with fresh raspberries	✓		✓		✓
Seasonal fruit salad	✓	✓	✓	✓	✓
Stewed apples with cinnamon & raisins topped with granola	✓	✓		✓	✓
Vanilla sponge with fruit	✓				✓
Sugar free jelly with fruit			✓	✓	
Sticky date pudding	✓				✓
Melon medley	✓	✓	✓	✓	✓
Lemon cheese cake	✓				✓
Watermelon & Grapes	✓	✓	✓	✓	✓
Granola slice with grapes	✓				✓
Blueberry muffin With fresh blueberries	✓				✓
Carrot cake	✓				✓
Gluten free vegan brownies with strawberries	✓	✓	✓	✓	✓
Cold Option					
Chicken mayo & salad granary bread sandwich				✓	✓
Gluten Free vegan pesto pasta salad	✓	✓	✓	✓	✓